

Spring Colds Are the Worst

They lead to catarrh and pneumonia. They weaken the entire system and leave it unable to resist the sudden changes. They interfere with your digestion and lessen your activity. Neglected they soon become that dread disease known as systemic catarrh. Don't neglect them. It's costly as well as dangerous.

PERUNA Will Safeguard You

Have a box Peruna Tablets with you for the sudden cold or exposure. Toss your system up with a regular course of the liquid Peruna, fortify it against colds, get your digestion up to normal, take care of yourself, and avoid danger. If you are suffering now begin the treatment at once. Give Nature the help she needs to throw off the catarrhal inflammation, and again become well.

Peruna has been helping people for 44 years. Thousands of homes rely on it for coughs, cold and indigestion. It's a good tonic for the weak, as well.

The Peruna Company, Columbus, Ohio



PARKER'S HAIR BALM

A toilet preparation of merit. Helps to eradicate dandruff. For restoring color and beauty to gray or faded hair. 50c and \$1.00 at drug stores.

Topeka Folks Try "Outside" Method of Treating Colds

Last Winter When Vick's Vap-O-Rub Salve Was Being Introduced Here From North Carolina, the Local Druggists Presented a Few of Their Customers With Complimentary Jars, Requesting That They Give This Preparation a Thorough Test and Report the Results. By Kind Permission We Give the Reports From a Few Topeka People Below.

You Just Apply Vap-O-Rub Externally. Relieves by Inhalation and Absorption. Colds Usually Go Over Night—Croup in Fifteen Minutes.

Vick's Vap-O-Rub Salve is the invention of a North Carolina druggist, and in the South is universally used, in place of internal medicines, for all forms of cold troubles—from head colds, catarrh and catarrhal troubles, down to deep chest colds, bronchitis or incipient pneumonia. Vap-O-Rub comes in salve form, and is so made that the body heat releases the ingredients in the form of vapors. These vapors, inhaled with each breath all night long, carry the medication direct to the affected parts. In addition, Vap-O-Rub is absorbed through and stimulates the skin, like a poultice or a plaster, taking out the tightness and soreness.

Mrs. J. E. Castle, 1821 Clay St., reports: "I have tried Vap-O-Rub for a severe cold in the chest, head and throat, and found it very satisfactory. I have also tried it for croup with good results."

B. F. Owen received his first package from Kelly's Pharmacy, and reports: "Am very much pleased with

"What is this man charged with?" asked the magistrate.

"Dynamite!" was the unanimous reply of the six cops who had made the arrest.

Meat Makes Bad Kidneys

Too much meat is just as bad as not enough. Such a diet is apt to lead the blood with uric acid and to injure the kidneys. Bad backs, blue, nervous spells, dizziness, rheumatic pains, and bladder troubles indicate weak kidneys, foretell danger of gravel and Bright's disease. Don't neglect this condition. Use Doan's Kidney Pills.

A Kansas Case

"Every Picture Tells a Story." Metropolitan Ave., Argentine, Kan., says: "I had a terrible burning sensation over my left kidney, along with bad backaches. I could hardly straighten after stooping and I had dizzy and nervous spells. The doctor said my case was incurable. Doan's Kidney Pills rid me of the trouble and I haven't suffered since."

Get Doan's at Any Store, 50c a Box. DOAN'S KIDNEY PILLS. POSTER-MILBURN CO., BUFFALO, N. Y.

ASK FOR AND GET SKINNER'S EGG NOODLES

Save the trademark signature of Paul F. Skinner from all packages and exchange free for Oneida Community Silverware. Write today for free 36-page recipe book and full information.

SKINNER MFG. CO., OMAHA, U.S.A. LARGEST MACARONI FACTORY IN AMERICA

CARBONVOID puts the "gas" in gasoline; eliminates carbon, saves 34 fuel cost. Large tube treats 100 gallons gasoline. Write for literature. Agents wanted. Patent No. 1,342,000. Distributors for Missouri, Kansas, Arkansas and Oklahoma.

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Buy materials that last

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World's largest manufacturer of Roofing and Building Papers

New York City, Chicago, Philadelphia, St. Louis, Boston, Cleveland, Buffalo, Detroit, Cincinnati, Louisville, Kansas City, Seattle, Indianapolis, Atlanta, Richmond, Houston, London, Sydney

Peculiar Fertilizer in Tasmania.

Tasmania is a great farming and fruit country and there is a good local market for all the spent oil shale from the distilling retorts. The rock from which the oil has been taken sells at \$2 per ton for agricultural uses. The assays do not disclose any rich fertilizing matter in the spent shale, yet when it is pulverized and distributed over farming lands and garden soils it produces such wonderful results as to make the demand for it greater than the supply. It appears to act on the soil mechanically by aerating it, and possibly, by condensing moisture from the atmosphere and transferring it to the crops. It is expected that the prices obtainable for the spent shale will eventually cover mining and retorting costs.—Dr. Arthur Selwyn-Brown, in The Engineering Magazine.

Little Mistake.

An old gentleman of eighty-four having taken to the altar a young damsel of about fifteen, the clergyman said to him:

"The font is at the other end of the church."

"What do I want with the font?" said the old gentleman.

"Oh, I beg your pardon," said the cleric, "I thought you had brought this child to be christened."

Misunderstood.

"Whenever she asks her husband for money he gives her assent."

"Gracious, what a mean man!"

Paper Weight.

Wally—Is Reggie a heavy smoker? Wolly—No. He weighs only a hundred and ten pounds.—Exchange.

FASHIONS' EDICTS

INSTRUCTIONS AND ADVICE BY JULIA BOTTOMLEY



COATS FOR THE EARLY SEASON.

A light coat for the demi-season is a necessity and it must be of a character to suit almost any occasion. Whenever a chill in the air demands it, morning, afternoon or evening, it is to grace its wearer by its conservative but undeniably good style. It is one of the difficult things that designers face each spring, and they wrestle with its problems with varying success. The spring coat depends upon its style to make it a ready seller or a failure, in the eyes of the manufacturer. It must be in line with the mode as to shape, quiet as to color, and an advantage to the figure of the wearer. Hence there are many models.

An elegant demi-season coat of gabardine shown in the picture, is lined with striped taffeta. It is hand sewn with silk in self color, about the bottom and at the cuffs. The small turnover collar is of velvet.

The body of the coat is semifitting with belt across the back. Its skirt at the sides and below the belt at the back hangs in godets. There is less fullness in it at the front and from the shoulders to a point several inches

below the waist line it hangs straight. Like so many of the new coats it betrays ingenious cutting. There is a pointed yoke at the back that suggests a little cape. The upper part of the body terminates in a long point at each side in the front. But these details in shaping are inconspicuous. Except for a few buttons and the silk banding the coat is untrimmied. The model is in a very dark blue.

Besides these trim semifitting models there are others with fuller lines and cut somewhat longer. One of the handsomest models made of covert and other cloths is cut to hang straight but very full. The waist line is defined by rows of shirring at each side and by a belt across the back and front. It has deep cuffs and a wide collar that may be turned up about the neck.

An extreme of the flaring mode has attracted much attention, although it is made of dark blue gabardine. It has a high cape collar and panels down the front of blue-and-white checked material. It flares from the shoulders down, but a belt which emerges from slashes at each side of the front pretends to hold its fullness somewhere near the waist of the wearer, at the front.



SPORTS CLOTHES FOR YOUNG WOMEN.

There are sports clothes for everybody, but it is the young woman that may be as daring as she likes in selecting them. Other people look well enough in them, when they are carefully selected, but she can carry off anything that happens to please her fancy. It is already evident that sports coats and sports skirts please her so well that she is determined to enliven the streets with them. Hereafter she has relied upon fads of the hour, in the way of accessories, to add snap and individuality to her tailored suit. Now she goes gayly about in coats and skirts that don't need anything additional in the way of snap.

It is a matter of thankfulness that the colors and color combinations in sports clothes are attractive. White contrasted with bright green, light yellow, tan, brown and several pleasing blue shades, white and black, and considerable rose color are predominating in the realm of sports clothes. White and green, white and blue, with white and black, still divide honors in popularity.

Two knitted sports coats of silk, with hats to match, are shown in the

picture. These are sweater coats with knitted sashes that tie at the front. Their hanging ends reach to the bottom of the coat. At the left grass-green is contrasted with white. The coat has a wide border of white and the hat has a knitted sash laid in folds about it.

A small checkerboard pattern in black and white may be found also in other color combinations. The hat is white, with checkerboard facing and band. The coat has a collar which may be turned up about the neck. Either of these coats look well with white skirts or with striped skirts in the same colors.

One feature that belongs to the sports hat is destined to endure it to its wearer. The flexible brim may be turned up or down wherever liked. And these hats are very comfortable. Like sports shoes, wherein ease and style have come to amicable terms at last.

Oil Cloth Covers on Porch Tables.

The newest covers for porch tables that are being shown are black or white oilcloth gaily sprinkled with bouquets of many colored flowers. The vase of flowers may do its worst without affecting one's summer peace of mind.

To dry a mattress quickly which has been wet, which often happens when there are children in spite of the utmost precautions, fill a hot-water bag with very hot water and lay this over the wet place, moving or refilling if necessary. Results are quick and satisfactory.

One immediately sees danger in the combination of the blouse with the

INTERNATIONAL SUNDAY SCHOOL LESSON

By E. O. SELLERS, Acting Director of Sunday School Course of the Moody Bible Institute, Chicago.

LESSON FOR APRIL 30

PETER DELIVERED FROM PRISON.

LESSON TEXT—Acts 12:1-19.

GOLDEN TEXT—The angel of Jehovah encompassed round them that fear him, and delivereth them.—Psalms 34:7.

One day the "sons of Zebedee" desired Jesus to grant a carte blanche petition. Dressed further as to their particular request, they petitioned for the seats of authority on the right and left hand of Jesus in glory. In reply Jesus said that such a petition was not a proper one nor intelligently asked, but according to their intrepid assertions of willingness they should be baptized with his baptism of death (Mark 10:35-45), and that the greatest of his followers should be "servant of all." Today's lesson is a fulfillment of that prophecy.

I. Peter in Prison, the Church Praying (vs. 1-6). Persecutions had been resumed (9:31) after a temporary lull. Some people serve Christ by living, others by yielding up their lives for his sake. James (not the one mentioned in chapter 15) was slain and Peter's death delayed in order not to pollute the feast of the Jewish Holy week. Peter's position was perilous. Sixteen soldiers guarded him in a Roman dungeon. But his enemies had left God out of their calculations and the believers had linked themselves through prayer with the source of all power. Against such a force Herod's cunning plan, whereby he might curry favor with the Jews (v. 3), is powerless. But it is now almost the hour for Peter's execution. Why the delay? The greater to demonstrate the power of God. Herod and the Jews cared not for, nor recognized, Easter, but God cared for his servant and honored the prayers of his saints. Peter's faith in the plans and purposes of God is indicated by his slumber and the need of being fully awakened by the angel. There are four things about that vigil of prayer (v. 5) offered by the church on Peter's behalf, which was so wondrously answered. (1) It was directed "unto God." Some prayers are offered to audiences or the ears of man, but not such as are answered. We have heard prayers, so-called, offered where the name of Jesus is never mentioned, and scarcely the name of God. Literally (v. 5) this was a "stretch-outed-by" prayer, and its earnestness was such as to circumvent this vile grandson of Herod the Great. (2) It was made "without ceasing" ("earnestly" R. V.). There was a sincerity and an intensity of desire on Peter's behalf which language can scarcely express (see also Rom. 8:26). The same word is used of our Lord's prayer in the garden when "His sweat was as great drops of blood falling down to the ground" (Luke 22:44, Rom. 15:30, Col. 4:12, 13, R. V.). There is little such prayer to be found, but once found it is answered. (3) It was "of the church." I. e., it was a united prayer. Such unity is the evidence of the Spirit's presence (Eph. 4:1-16). One shred of help is not very strong, but many united form the strong and mighty rope. Multiply individual prayer by the united prayer of the church and see the mighty works of God. (4) It was definite, "for him." Definite prayers of definite individuals for definite purposes will produce definite results.

II. Prayer Answered, Peter at Liberty (vs. 7-11). The messenger of God (v. 7) brought light, yet the servant of God needed awakening, a suggestion to apply to our modern church life. His method of awakening Peter suggests that it often takes sharp blows to arouse us to our duties and privileges. The sinner has to be awakened before he can be delivered. Deliverance is more needed than sleep. Neglect is more dangerous than rebellion. Half-awake Peter nevertheless obeyed God's messenger. Nor did he seemingly stop to argue or ask for further particulars and explanations as so many sinners do. The record of this deliverance is most graphic. Peter did nothing but to follow, and as he obeyed, one after another of the seemingly unsurmountable difficulties which lay between him and freedom, melted away, even before he had time to lay so much as his finger to the task. If we obey God, what seems to man to be an absolute barrier, will be overcome, though frequently it is not removed until we are face to face with it even as Peter stood before first one gate and then another. Looking back many of us can exclaim of our deliverances that we "wist not that it was true."

III. Joy and Amazement (vs. 12-17). Peter, finding himself untrammelled and free upon the streets of the city, and no longer angel-accompanied, at once repaired to his friends. Do we seek the prayer meetings? It was startling indeed for the subject of their prayers to knock at the door; perhaps he should have been more considerate of their feelings. One, Rhoda, readily responded, and it was her persistent faith that finally overcame the lack of faith on the part of the others. While they were yet speaking God had answered (Isa. 65:24), but such a prompt and complete deliverance was not expected, and it amazed and bewildered them. Rhoda seemed to be expecting Peter, for as soon as she answered Peter's rap at the door she recognized his voice (v. 14), and from sheer joy over the good news she was able to communicate it to those praying, but she neglected the important duty of opening the door for Peter. She was only a "maid" and her message was too foolishness (Luke 24:11), which her elders sought to explain, but poor Peter still outside, "continued knocking," which soon convinced those within, and upon opening the door they "saw him" and were "astounded."

Convinced. "I wasn't able to match that piece of goods for you," said hubby. "I tried six different stores, and they all told me they hadn't had anything like that in stock for five years."

"I knew that all the time," said wife. "I just wanted to prove to you that my best dress is hopelessly out of style. You wouldn't believe it when I told you."

Important to Mothers. Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of *Dr. J. C. Fitch*. In Use for Over 30 Years. Children Cry for Fitch's Castoria.

Verboise. "Did De Boere have anything to say when the toastmaster called on him at the banquet?" "No, and it took him nearly an hour to say it."

Safety First. "I'll let you into my scheme on the ground floor." "Are there any exits?"

Health Has Its Own Reward

THEREFORE—

Strive for and maintain the highest possible standard at all times; when you need help

REMEMBER—

HOSTETTER'S Stomach Bitters

is a remedy you can always rely on for Stomach and Bowel disorders. Get the genuine

How to avoid Operations

These Three Women Tell How They Escaped the Dreadful Ordeal of Surgical Operations.

Hospitals are great and necessary institutions, but they should be the last resort for women who suffer with ills peculiar to their sex. Many letters on file in the Pinkham Laboratory at Lynn, Mass., prove that a great number of women after they have been recommended to submit to an operation have been made well by Lydia E. Pinkham's Vegetable Compound. Here are three such letters. All sick women should read them.



Marinette, Wis.—"I went to the doctor and he told me I must have an operation for a female trouble, and I hated to have it done as I had been married only a short time. I would have terrible pains and my hands and feet were cold all the time. I took Lydia E. Pinkham's Vegetable Compound and was cured, and I feel better in every way. I give you permission to publish my name because I am so thankful that I feel well again."—Mrs. FRED BEHNKE, Marinette, Wis.

Detroit, Mich.—"When I first took Lydia E. Pinkham's Vegetable Compound I was so run down with female troubles that I could not do anything, and my doctor said I would have to undergo an operation. I could hardly walk without help so when I read about the Vegetable Compound and what it had done for others I thought I would try it. I got a bottle of Lydia E. Pinkham's Vegetable Compound and a package of Lydia E. Pinkham's Sanative Wash and used them according to directions. They helped me and today I am able to do all my work and I am well."—Mrs. THOS. DWYER, 989 Milwaukee Ave., East, Detroit, Mich.

Bellevue, Pa.—"I suffered more than tongue can tell with terrible bearing down pains and inflammation. I tried several doctors and they all told me the same story; that I never could get well without an operation and I just dreaded the thought of that. I also tried a good many other medicines that were recommended to me and none of them helped me until a friend advised me to give Lydia E. Pinkham's Vegetable Compound a trial. The first bottle helped, I kept taking it and now I don't know what it is to be sick any more and I am picking up in weight. I am 20 years old and weigh 145 pounds. It will be the greatest pleasure to me if I can have the opportunity to recommend it to any other suffering woman."—Miss IRMA FROELICHER, 1923 Manhattan St., North Side, Bellevue, Pa.

If you would like special advice write to Lydia E. Pinkham Med. Co. (confidential), Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

Free Concert.

"Hello!" said a voice at the other end of the phone. "Is that the night clerk?"

"Yes," replied that functionary. "What can I do for you?"

"I want you to send somebody up and make that man in the next room stop snoring. I can't sleep a wink."

"What room are you in?" asked the clerk.

"No. 53. It's the man in No. 51 who is doing the snoring."

"But my dear sir," said the clerk, "do you realize that the man in No. 51 is Signor Squallerini, the famous tenor, and that we are not charging you a cent extra for the privilege of hearing him?"

Dressed Wife as Widow. Karl Kellams, three days before his death, asked his wife to buy a black mourning dress and veil so that he could see her as she would appear at the funeral. To satisfy him, Mrs. Kellams dressed in mourning and stood at his bedside. Kellams had been sick of tuberculosis for some months. He recently returned from Phoenix, Ariz., where he had gone in the hope that the change in climate would benefit him.—Philadelphia Record.

Nothing to Brag Of. "He's been thirty-five years in the same position."

"He ought to be ashamed of himself."

Some girls bleach their hair in order to get a fair show.

AILING WOMEN NEED THIS FAMOUS DOCTOR'S PRESCRIPTION

Thousands of women who are now blessed with robust health cannot understand why thousands of other women continue to worry and suffer from ailments peculiar to women when they can obtain for a trifling sum Dr. Pierce's Favorite Prescription which will surely and quickly banish all pain, distress and misery and restore the womanly functions to health.

This prescription of Dr. Pierce's is a temperance remedy.

To get rid of irregularities, or catarrhal condition, to avoid pain at certain times, to overcome irritability and weakness, waste no time, but get Dr. Pierce's Favorite Prescription in liquid or tablet form this very day.

The Wretchedness of Constipation

Can quickly be overcome by CARTER'S LITTLE LIVER PILLS.

Purely vegetable—act surely and gently on the liver. Cure Biliousness, Head-ache, Dizziness, Indigestion. They do their duty. SMALL PILL, SMALL DOSE, SMALL PRICE.

Genuine must bear Signature

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"Hunt's Cure" is guaranteed to stop and permanently cure the terrible itching, burning, and swelling of that painful and annoying skin disease, Eczema. It is a powerful and safe remedy, and is sold in all drug stores. Write for booklet and testimonials. It costs only 50 cents. Hunt's Cure, 100-102 N. 3rd St., St. Louis, Mo.

For sale by all drug stores or by mail from the

A. B. Richards Medicine Co., Sherman, Tex.

BLACK LEG

LOSSES SURELY PREVENTED by Carter's Little Liver Pills. Low priced, fresh, reliable, prepared by Western druggists, because they know where their medicine falls. Write for booklet and testimonials. It costs only 50 cents. Hunt's Cure, 100-102 N. 3rd St., St. Louis, Mo.

The superiority of Carter's is due to over 10 years of specializing in venereal and venereal diseases. The Carter Laboratory, Berkeley, Cal., or Chicago, Ill.

W. N. U., KANSAS CITY, MO. 17-1916.

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This is a recent discovery of Doctor Pierce, head of the Invalids' Hotel, Buffalo, N. Y. Experiments for several years proved that there is no other eliminator of uric acid comparable. For those easily recognized symptoms of inflammation—as backache, scalding urine and frequent urination, as well as sediment in the urine, or if uric acid in the blood has caused rheumatism. "Anuric" acts quickly. In rheumatism of the joints, in gravel and gout, invariably the pains and stiffness which so frequently and persistently accompany the disease rapidly disappear.

Send Dr. Pierce 10c for large trial package. Full treatment 50c. All druggists.